



Precautions

- Head lice shampoo is only intended for external use. Avoid contact with eyes as it can cause irritation.
- You should store the shampoo away from children to prevent accidental intake. Parents or adults should help children if treatment is needed.
- If the shampoo is ingested accidentally, you should go to the emergency room immediately.
- Parents should wear disposable gloves if they need to apply the shampoo for their children.
- Avoid heat exposure to the shampoo.
- Unless instructed by medical professionals, the shampoo can only be applied once weekly. Consult your doctor if you have any enquiry.

Prevention

- Avoid close contact with infected individuals, especially head-to-head contact.
- Never share personal items (eg. combs, hats, hair accessories, towels or pillows.)
- Maintain personal hygiene. Wash hair thoroughly and wash clothes and bed items on a regular basis.

This guidance is for reference only .

You should always follow your doctor's instructions.

Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們

For enquiry, please feel free to contact us

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How to use Head Lice Shampoo

藥劑部
Pharmacy

Head lice

Head lice are small parasites that only live on the human scalp. It is commonly found in hair, especially hair behind the ears or near the collar, and occasionally in eyebrows or beards.

Symptoms

The most common symptom is itchy scalp. Excessive scratching may result in wounds and increase the chance of infection.

Head lice eggs can be found on the root of hair under careful inspection. Head lice are different from dandruff. They are usually white, yellow, brown or grey, shiny on the surface, oval in shape, and attached firmly to the hair shaft; whereas dandruff is dull and thin, and easily falls off.

Transmission

Head lice moves by crawling instead of hopping or flying between hair. Therefore, the major transmission is through direct head-to-head contact. Occasionally, they can also be transmitted through the sharing of personal items like combs, hats or hair accessories. Majority of the patients are kids, because they usually have close contact with other kids while playing but in fact anyone could be infected with head lice.

Incubation period

The growth of head lice includes 3 stages: egg, nymph and adult lice. Eggs usually hatch within 7-10 days. Then they take 7-13 days for the nymph to mature as adult lice. Once mature, the head lice reproduce rapidly to a huge population. The nymph and adult lice feed on human blood. Adult lice generally live up to 30 days. However, they can only live for 2 days once detached from the human body.

Using hair lice shampoo

- 1 It is not necessary to wash your hair beforehand. You can use the head lice shampoo all over your hair, especially paying attention to the hair root, scalp, back of the neck and ears, beard and fringe. Avoid eye areas.
- 2 After applying the head lice shampoo, cover your hair with a clean towel, lasting for 8~12 hours. (Please refer to the recommended duration for specific products).



- 3 Wash your hair thoroughly with normal shampoo afterwards.



- 4 When the hair is not yet dry, use a nit comb to comb evenly starting from the hair root to remove all lice and eggs.

- 5 On the same day, soak your pillow case, bed sheet, quilt and comb in boiled water (>60°C) for 20 minutes. For non-washable items, seal them in a plastic bag and store for 2 weeks.



- 6 Repeat application may be required. If you discover head lice again, consult your doctor as soon as possible.